

# K-5 Counseling Curriculum



**Developed by:**

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# Groveport K-5 School Counseling Core Curriculum

Grade	Lesson/ Activity Topic	ASCA Domain & Standards	Alignment with Common Core	Curriculum and Materials	Student Outcome (academic, behavior, attendance)
K	Hands Are Not For Hitting	Social/ Emotional B-SMS 7		Online .pdf, handout	Behavior
K	Empathy: Feelings	Social/ Emotional B-SS 4	LA:Reading for Information -7 Speaking & Listening -1,2 &4 Language -5&6	Second Step	Behavior
K	Empathy: Identifying Anger	Social/ Emotional B-SS 4	LA:Reading for Information -1,4&7 Reading Found -2 Speaking & Listening -2 &4 Language -1,3-6	Second Step	Behavior
K	Manners	Social/ Emotional B-SS 9		DVD: Look Mom! I Have Good Manners!	Behavior
K	Empathy: Same or Different	Social/ Emotional B-SS 4	LA:Reading for Info-4&7 Speaking & Listening-1-4 Language-6	Second Step	Behavior
K	Emotion Mgmt: Managing Frustration	Social/ Emotional B-SMS 7	LA:Reading for Info 1, 4&7; Speaking & Listening 1-4; Lang 3-6	Second Step	Behavior

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K	Emotion Mgmt: Managing Anger	Social/ Emotional B-SMS 2	LA:Reading for Info 1, 4&7; Speaking & Listening 1-4; Lang 3-6	Second Step	Behavior
K	Emotion Mgmt: Handling Being Knocked Down	Social/ Emotional B-SMS 2	LA:Reading for Info 1, 4&7; Speaking & Listening 1-4; Lang 3-6	Second Step	Behavior
K	Stranger Danger	Social/ Emotional B-SMS 9		<u>Never Talk to Strangers</u> read aloud	Behavior
1	My Mouth is a Volcano	Social/ Emotional B-SMS 2		Storybook read aloud, activity sheet	Behavior
1	Substance Abuse Prevention	Social/ Emotional B-SMS 7		BrainPop, Jr. activity- Intro to Drugs	Behavior
1	Emotion Mgmt: Identifying Our Own Feelings	Social/ Emotional B-SMS 1	LA:Reading for Information -7 Speaking & Listening -1,2 &4 Language -5&6	Second Step	Behavior
1	Emotion Mgmt: Calming Down Anger	Social/ Emotional B-SMS: 1 & 2	LA:Reading for Information -7 Speaking & Listening -1,2 &4 Language -5&6	Second Step & MindYETI	Behavior
1	Anti-Bullying	Social/ Emotional B-SS 8		<u>No One Knew What to Do</u> read aloud and discussion	Behavior

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1	Problem Solving: Calming	Social/ Emotional B-SMS 1 & 2	LA:Reading for Information -7 Speaking & Listening -1,2 &4 Language -5&6	Second Step	Behavior
1	Problem Solving: Handling Name Calling	Social/ Emotional B-SS 8	LA: Speaking & Listening 1,3-4; Language 3, 5-6	Second Step	Behavior
1	Private Body	Social/ Emotional B-SS 8		<u>My Body is Private</u> read aloud and activity sheet	Behavior
1	Gender Roles: <u>Dream Big, Little Pig</u>	Social/ Emotional B-LS 7		<u>Dream Big, Little Pig</u> read aloud, activity sheet	Behavior
2	Skills for Learning: Being Respectful	Social/ Emotional B-SS 9	LA: Reading 1; Read for Info 1,4,7; Read Found 2; Speaking & Listening 1-4; Lang 1, 3-6	Second Step	Behavior
2	Substance Abuse Prevention	Social/ Emotional B-SMS 7		Huff & Puff story, activity booklet, emphasis on cigarettes	Behavior
2	Skills for Learning: Focusing Attention and Listening	Social/ Emotional B-SS 1	LA:Reading Lit-1 Reading for Information-1,4,&7 Reading Foundation-2 Language-3-6	Second Step	Academic & Behavior
2	Empathy: Identifying Feelings	Social/ Emotional B-SMS 7	LA: Reading Lit 1; Read for Info 1,4,7; Speaking & Listening 1-4; Lang 1, 3-6	Second Step	Behavior

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2	Anti-Bullying: Handling Name Calling	Social/ Emotional B-SS 8		Harassing Hippo story, role-play, activity sheet	Behavior
2	Empathy: Showing Compassion	Social/ Emotional B-SS 5	LA: Reading Lit 1; Read for Info 1,4,7; Speaking & Listening 1-4; Lang 1, 3-6	Second Step	Behavior
2	Accepting No for an Answer	Social/ Emotional B-SMS 2		Julia Cook: <u>I Just Don't Like the Sound of "No."</u> book, activity sheet	Behavior
2	Problem Solving: Taking Responsibility	Social/ Emotional B-SMS 1	LA: Speaking & Listening 1, 3-4; Lang 3,5-6	Second Step	Behavior
2	Stranger Danger	Social/ Emotional B-SMS 9		<u>Berenstain Bears Learn About Strangers.</u> handout of Berenstain Bears "Rules for Strangers"	Behavior
3	Kindness	Social/ Emotional B-SS 2, 3		<u>Have You Filled a Bucket Today?</u> Read aloud and bucket-filling slips	
3	Substance Abuse Prevention	Social/ Emotional B-SMS 7		BrainPop,Smoking,activity sheet Winhoven teaches on alcohol, activity sheet	Behavior
3	Problem Solving: Solving classroom problems	Social/ Emotional B-LS 1 B-LS 9 B-SS 2	Health-4&5	Second Step	Behavior
3	Empathy: Making Friends	Social/ Emotional B-LS 1 B-LS 9 B-SS 2	LA: Reading Lit 1; Read for Info 1,4,7; Speaking & Listening 1-4; Lang 1, 3-6	Second Step	Behavior

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3	Anti-Bullying	Social/ Emotional B-SS 8		“Cliques, Phonies & other Baloney” video  Winhoven-Julia Cook story: <u><a href="#">Cliques Just Don't Make sense</a></u> <i>Activity sheet</i>	Behavior
3	Emotion Mgmt: Handling Accusations	Social/ Emotional B-SMS 2	LA:Reading for Information -7 Speaking & Listening -1,2 &4 Language -5&6	Second Step	Behavior
3	Emotion Mgmt: Test Anxiety	Academic B-SMS 6	LA:Reading for Information -7 Speaking & Listening -1,2 &4 Language -5&6	Second Step	Behavior
3	Emotion Mgmt: Managing Anger	Social/ Emotional B-SMS 2	LA:Reading for Information -7 Speaking & Listening -1,2 &4 Language -5&6	Second Step	Behavior
3	Empathy: Accepting Differences	Social/ Emotional B- SS 2	LA: Reading Lit 1; Read for Info 1,4,7; Speaking & Listening 1-4; Lang 1, 3-6	Second Step	Behavior
4	Problem Solving: Taking Responsibility for Your Actions	Social/ Emotional M:6 B-LS:1 B-SMS:1	LA: Reading Lit-1 Reading for Info-1&7 Speaking & Listening-1 Language-3,5&6	Second Step	Behavior
4	Substance Abuse Prevention	Social/ Emotional B-SMS 7		BrainPop, Jr. video - smoking, quiz; peer pressure scenarios	Behavior

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4	Emotion Mgmt: Avoiding Jumping to Conclusions	Social/ Emotional B-SMS:1 B-SMS:2 B-SMS:6 B-SMS:7	LA:Reading Lit-1 Reading for Info-1	Second Step	Behavior
4	Problem Solving: Dealing with Peer Pressure	Social/ Emotional B-SMS 7	LA: Reading & Lit 1; Read for Info 7;Speaking & Listening 1; Lang 3,5-6	Second Step	Behavior
4	Emotion Mgmt: Handling Put downs	Social/ Emotional B-SMS:1 B-SMS:2 B-SMS:7	LA:Reading Lit-1 Reading for Info-1 Speaking & Listening-1 Language-1, 3-6	Second Step	Behavior
4	Emotion Mgmt: Managing Anxiety	Social/ Emotional B-SMS 6	LA:Reading Lit-1 Reading for Info-1 Speaking & Listening-1 Language-1, 3-6	Second Step	Behavior
4	Career Exploration	Career B-LS 7		E-WOW career inventory	Academic
4	Career Exploration	Career B-LS 7		BLS website and activity sheet	Academic
4	Emotion Mgmt Managing Anxiety	Social/ Emotional B-SMS 6	LA:Reading Lit-1 Reading for Info-1 Speaking & Listening-1 Language-1, 3-6	Second Step	Behavior
4	Kindness or IALAC	B-SS 4		IALAC story, discussion	Behavior

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5	Skill For Learning: Listening with Attention	Social/ Emotional B-LS 3	LA: Reading for Info-1&7 Speaking & Listening-1 Language-1,3-5	Second Step	Academic & Behavior
5	Substance Abuse Prevention	Social/ Emotional B-SMS 7		Drug & Alcohol Awareness game	Behavior
5	Empathy & Skills for Learning: Disagreeing Respectfully	Social/ Emotional B-LS 9 B-SS 4	LA: Reading for Info-1&7 Speaking & Listening-1 Language-1,3-5	Second Step	Behavior
5	Empathy & Skills for Learning: Responding with Compassion	Social/ Emotional B-SS 2 B-SS 4	LA:Speaking & Listening-1	Second Step	Behavior
5	Problem Solving: Dealing with Gossip	Social/ Emotional B-SS 9	LA: Read & Lit 1; Read for Info 7;Speaking & Listening 1; Lang 3,5-6	Second Step	Behavior
5	Career Exploration	Career B-LS 7		Color Quiz categorizes career clusters (Brigance based)	Academic
5	Career Exploration	Career B-LS 7		Using chrome books to explore career findings. Part 2 to Brigance quiz	Academic
5	Emotion Mgmt: Resisting Revenge	Social/ Emotional B-SS 2	LA:Reading Lit-1 Reading for Info-1 Speaking & Listening-1 Language-1, 3-6	Second Step	Behavior



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5	Transitioning	Social/ Emotional & Academic B-LS 9		You Otter Mind your Manners story, discussion about middle school	Academic & Behavior
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